



Michael G. Cross

Associate

Sacramento

Direct: (916) 498-7017

mcross@seyfarth.com | [vCard](#)

Biography

Practices & Sectors

Trade Secrets,
Computer Fraud &
Non-Competes

Contract Disputes

Labor & Employment

Employment Litigation

Wage & Hour
Litigation

California Wage &
Hour Litigation

Health Care
Regulatory &
Compliance

Michael Cross is an associate in Seyfarth Shaw's Labor & Employment department based in the Sacramento office. His practice focuses primarily on litigation surrounding companies' intellectual property rights, including the protection of trade secrets and the enforcement of noncompetition agreements. He also defends individuals and companies who have been accused of violating covenants or stealing, using, or disclosing confidential information.

Mr. Cross's labor and employment practice focuses on employment litigation and includes the defense of employers in a broad range of labor, employment, and business matters, including class and multi-plaintiff actions arising out of alleged violations of federal and state laws. Mr. Cross also partners with employers to assist them with early, efficient resolution of disputes through dispositive motion or alternative dispute resolution, or to litigate a matter through trial, as appropriate given the facts of a particular matter and his client's business realities.

Mr. Cross has been recognized as a *Super Lawyers* Rising Star in 2013, 2014, and 2015.

Education

- J.D., Harvard Law School (2008)
Student Writing Editor, *Harvard Journal on Legislation*
Irving Oberman Memorial Prize (2008)
- M.A., University of California, Riverside (2004)
- B.A., Hope College (1999)
Phi Beta Kappa

Admissions

- California

Courts

- U.S. District Court for the Northern, Southern, and Eastern Districts of California
- Ninth Circuit Court of Appeals

Affiliations

- California Bar Association

- Sacramento County Bar Association (Labor & Employment Section)
- San Francisco Bar Association

Publications

- Co-Author, "We Traced The Trade Secret Leak ... It's Coming From Inside The Business," *Trading Secrets Blog*, Seyfarth Shaw LLP (August 3, 2016)
- Co-Author, "No Microscope Needed to See Why This Non-Compete Is Unenforceable," *Trading Secrets Blog*, Seyfarth Shaw LLP (May 10, 2016)
- Co-Author, "California Moves Toward Ban On Mandatory Arbitration of Labor Claims," *California Peculiarities Employment Law Blog*, Seyfarth Shaw LLP (September 4, 2015)

Accolades

- *Sacramento Magazine's Top Lawyers List 2016*